

UCSD DIETARY SUPPLEMENT DATA
Developed & Managed by Nutrition Shared Resource
Moore's UCSD Cancer Center
UCSD School of Medicine
For Information Contact
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Number of products	7,000
Major categories	17
Listing of categories	Multi-vitamin-mineral Multi-vitamin Antioxidant Multiple Formulations Minerals/Calcium Minerals/Not Calcium Vitamin A Vitamin B-complex Vitamin C (with/without bioflavonoids) Vitamin E Carotenoids Other nutrients (vitamin D, K, essential fatty acids, etc.) Herbals/botanicals-phytoestrogens Herbals/botanicals-other Protein supplements/soy Amino acids Probiotics/enzymes Miscellaneous
Number of nutrients	34 vitamins and minerals
Other components	Unlimited number of other ingredients
Software	NetPlus (relational database)
Process for Updates	Updated daily at UCSD; formulation changes receive new unique identifier
Primary Source of Data	Supplement labels, manufacturer data (internet access, product catalog)
Number of FTEs	1.0
Funding Source	1995-1997 private foundation (Walton Family Foundation) 1998-present federal funds (National Cancer Institute)

Database Users

Multi-Center Clinical Trials:

- Women's Healthy Eating & Living Study (NIH/NCI)
- Men's Eating & Living Study (MEAL) (CALGB/NCI)
- Feasibility Studies on Retinoid Treatment of Emphysema (NIH/NHLBI), Nutrition Sub-Study

Alternative/Complementary Care Studies:

- Kaiser-Permanente Center for Health Research, Portland --Anthocyanidin Supplements

Regional Studies:

- Glycemic Load & Breast Health Study (Roswell Park Cancer Institute, Buffalo, NY)
- Telephone Counseling Dietary Change Program (ACS)
- Healthy Eating Program (Avon Foundation)
- Por La Vida Nutrition Education Program