

Are You a Breast Cancer Survivor?



Would you like to help scientists learn more about the health and survival of breast cancer patients?

The Reach for Health Study is looking for breast cancer survivors who:

- Are overweight
- Were diagnosed less than 4 years ago with Stage I (1 cm), Stage II or Stage IIIA breast cancer
- Were post-menopausal at diagnosis



Participation in *Reach for Health* involves ...

- Assignment by chance to either the study medication* and/or a weight loss program
- Volunteers will be asked to
 - ★ Attend 3 study visits at the Moores UCSD Cancer Center
 - ★ Provide 3 blood samples
 - ★ Complete questionnaires

* the study medication is metformin, a drug that is used to treat diabetes but is also safe for non-diabetics.

FOR MORE INFORMATION

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