

Selected Publications

UCSD Healthy Eating Living Program -- Moores UCSD Cancer Center, Cancer Prevention Control Program

ACS/Avon Study Publications

Newman VA, Flatt SW, Pierce JP. Telephone counseling promotes dietary change in healthy adults : results of a pilot trial. *J Am Diet Assoc* 2008 Aug;108(8):1350-4.

MEAL Pilot Study Publications

Parsons JK, Newman VA, Mohler J, Pierce JP, Paskett E, and Marshall J. The Men's Eating and Living (MEAL) Study: A Cancer and Leukemia Group B pilot trial of dietary intervention for the treatment of prostate cancer. *Urology* 2008 Sep;72(3):633-7.

Parsons JK, Newman V, Mohler J, Pierce JP, Flatt S, Marshall J. Dietary modification in prostate cancer patients on active surveillance: a randomized, multi-center feasibility study. *Br J Urol Int* 2008 May;101(10):1227-31.

Parsons JK, Newman VA, Mohler JL, Pierce JP, Flatt S, Messner K, Marshall J. Dietary intervention after definitive therapy for localized prostate cancer: results from a pilot study. *Can J Urol* 2009 Jun;16(3):4648-54.

WHEL Study Publications

Rock CL, Newman V, Flatt SW, Faerber S, Wright FA, Pierce JP. Nutrient intakes from foods and dietary supplements in women at risk for breast cancer recurrence. *Nutr Cancer* 1997;29(2):133-139.

Newman V, Rock CL, Faerber S, Flatt SW, Wright FA, Pierce JP for the Women's Healthy Eating and Living Study Group. Dietary supplement use by women at risk for breast cancer recurrence. *J Am Diet Assoc* 1998;98:285-92.

Pierce JP, Newman VA, Flatt SW, Faerber S, Rock CL, Natarajan L, Caan BJ, Gold EB, Hollenbach KA, Wasserman L, Jones L, Ritenbaugh C, Stefanick ML, Thomson CA, Kealey S. Telephone counseling intervention significantly increases intakes of micronutrient- and phytochemical-rich vegetables, fruit, and fiber in breast cancer survivors. *J Nutr* 2004 Feb;134(2):452-458.

Newman VA, Thomson CA, Rock CL, Flatt SW, Kealey S, Bardwell WA, Caan BJ, Pierce JP. Achieving substantial changes in eating behavior among women previously treated for breast cancer—an overview of the intervention. *J Am Diet Assoc* 2005;105(3):382-391.

Pierce JP, Natarajan L, Sun S, Al-Delaimy WK, Flatt SW, Kealey S, Rock CL, Thomson CA, Newman VA, Ritenbaugh C, Gold EB, Caan BJ. Increases in plasma carotenoid concentrations in response to a major dietary change in the WHEL Study. *Cancer Epidemiol Biomarkers Prev* 2006 Oct;15(10):1886-92.

Pierce JP, Natarajan L, Caan BJ, Parker BA, Greenberg ER, Flatt SW, Rock CL, Kealey S, Al-Delaimy WK, Bardwell WA, Carlson R, Emond JA, Faerber S, Gold EB, Hajek RA, Hollenbach K, Jones LA, Karanja N, Madlensky L, Marshall J, Newman VA, Ritenbaugh C, Thomson CA, Wasserman L, Stefanick ML. The results from influence of a very high vegetable-fruit-fiber, low-fat diet on prognosis following treatment for breast cancer. The Women's Healthy Eating and Living (WHEL) randomized trial. *JAMA* 2007;298:289-298.

Pierce JP, Newman VA, Natarajan L, Flatt SW, Al-Delaimy WK, Caan BJ, Emond JA, Faerber S, Gold EB, Hajek RA, Hollenbach, Jones LA, Karanja N, Kealey S, Madlensky L, Marshall, Ritenbaugh C, Rock CL, Stefanick ML, Thomson CA, Wasserman L, Parker BA. Telephone counseling helps maintain long-term adherence to a high-vegetable dietary pattern. *J Nutr* 2007 Oct;137:2291-2296.

Pierce JP, Stefanick ML, Flatt SW, Natarajan L, Sternfeld B, Madlensky L, Al-Delaimy WK, Thomson CA, Kealey S, Hajek R, Parker BA, Newman VA, Caan B, Rock CL. Greater survival after breast cancer in physically active women with high vegetable-fruit intake regardless of obesity. *J Clin Oncol* 2007;25:2345-2351.

Madlensky L, Natarajan L, Flatt SW, Faerber S, Newman VA, Pierce JP. Timing of dietary change in response to a telephone counseling intervention; evidence from the WHEL Study. *Health Psychol* 2008 Sep;27(5):539-47.

Pierce JP, Natarajan L, Caan BJ, Flatt SW, Kealey S, Gold EB, Hajek RA, Newman VA, Rock CL, Pu M, Saquib N, Stefanick ML, Thomson CA, Parker B. Dietary change and reduced breast cancer events among women without hot flashes after treatment of early-stage breast cancer: subgroup analysis of the Women's Healthy Eating and Living Study. *Am J Clin Nutr* 2009 May;89(5):1565S-1571S.

Rock CL, Natarajan L, Pu M, Thomson CA, Flatt SW, Caan BJ, Gold EB, Al-Delaimy WK, Newman VA, Hajek RA, Stefanick ML, Pierce JP. Longitudinal biological exposure to carotenoids is associated with breast cancer-free survival in the Women's Healthy Eating and Living Study. *Cancer Epidemiol Biomarkers Prev* 2009;18(2):486-94.

Patterson RE, Flatt SW, Newman VA, Natarajan L, Rock CL, Thomson CA, Caan BJ, Parker BA, Pierce JP. Marine fatty acid intake is associated with breast cancer prognosis. *J Nutr* 2011 Feb;141(2):201-6.