Are you or is someone you know a

BLADDER CANCER

patient?

WHO CAN JOIN DIBS?

Men and women 50 years of age or over

- who have been diagnosed with bladder cancer;
- who are not taking medications to thin the blood;
- who can tolerate a high-fiber diet.

DIBS

Diet in Bladder Cancer Study

Help us understand how DIET might affect bladder cancer risk & outcome.

Make the most of the foods you eat...

FOR MORE INFORMATION
PHONE
858-822-6790
or
1-800-820-9435 x 26790
email: lbarbier@ucsd.edu
www.healthyeating.ucsd.edu

The DIBS Study is sponsored by the National Cancer Institute.

The **Cancer Prevention & Control Program** at the **Moores UCSD Cancer Center** is your local DIBS research site.

Other participating Institution: Roswell Park Cancer Institute, New York

UNIVERSITY of CALIFORNIA, SAN DIEGO
MEDICAL CENTER MOORES CANCER CENTER

WHY PARTICIPATE?

Research suggests that a cancer-preventive diet may benefit bladder cancer patients, but more studies are needed to establish this link.

Your participation in DIBS will help us find out if bladder cancer patients will adopt a cancer-preventive diet.

IF YOU JOIN DIBS . . .

You will be assigned by chance to either:

- An intensive diet group with nutrition counseling assistance by telephone, or
- A diet group that will receive nutrition information by mail.

6 months commitment.

NO COST FOR EVALUATION.